



HELLENIC REPUBLIC
**National and Kapodistrian
University of Athens**

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**SCHOOL OF EDUCATION
DEPARTMENT OF PEDAGOGY AND
PRIMARY EDUCATION**

Prof. Thomas Babalis
HEALING Project Partner
NKUA
Email: + tbabalis@primedu.uoa.gr
Tel.: +302103688507

***Report on the Student Training Workshop for HEALING Project on June 19th – 30th,
2023 in Athens, Greece***

The Training workshop took place in Athens, Greece in the framework of the project: “Developing a Multidisciplinary Diploma on Art Therapy in Health Education” (HEALING, Project number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP), co-funded by Erasmus+ Programme within the support of the European Union. The project workshop was held at National and Kapodistrian University of Athens (NKUA) in the period from June 19th – 30th, 2023.

This Internship was dedicated to build the capacities of HEALING students at the Jordanian and Tunisian universities to help them to improve and to develop their knowledge in the Art Therapy areas of activity.

The workshop agenda was designed based on the scope of the project and multidisciplinary, and it consisted mostly of experiential activities.



On day 1 (**Monday, June 19th2023**) at 9.30 after the registration of the staff, a brief welcome was given by the Project Coordinator at NKUA, Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & the Head of the Department, Dr Konstantinos Skordoulis, Professor of Physics: Epistemology and Teaching Methodology. Moreover, an introduction to the Internship took place. Afterwards, a break-the-ice activity gave the opportunity to all HEALING members (students and staff from Jordan, Tunisia and Greece) to get to know each other first in groups and then in plenary.



At 10.00 am the first presentation took place by Dr Vasilis Ioakimides, Professor, Historical and Comparative Social Work, University of West Attica & Dr Panagiotis Douros, PhD in Cultural Management, Researcher, University of West Attica, who presented *Social and cultural prescription: a new programme in Greece*, that allows doctors to prescribe a visit to the theatre and other cultural activities for healing reasons.

The second module entitled *Parthenon: an ancient temple challenges and guides the modern world* consisted of 2 parts: a presentation and a workshop by Dr Elisavet Lazarakou, Assistant Professor of Evaluation of the learning process: Pedagogy - Teaching approach, National and Kapodistrian University of Athens.

The first day was completed with a presentation on *Art and drug rehabilitation* by Dr Anna Tsiouboukli, Assistant Professor of Lifelong Learning, Group Dynamics and Adult Education, National and Kapodistrian University of Athens.



On day 2 (**Tuesday June 20th 2023**) Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & Dr Konstantina Tsoli, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens made a brief about the first day. NKUA organized a site visit to the *National Museum of Contemporary Art*, where Mrs Marina Tsekou, Head of Training Programme & Ms Elisavet Ioannidou, Art Therapist described the educational programs related to art psychotherapy and a participatory interactive project with refugees. After the lunch break, Takis Tzamarghias, Director & Aimilia Karantzoulis, MSc in Drama in Education, Teacher, Phd candidate organized a workshop regarding *Theatre in the service of diversity*. At the end of Day 2, Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & Dr Konstantina Tsoli, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens made a first description of the assignment the students would make as part of their training.



On Day 3 (**Wednesday June 21th 2023**) Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & Dr Konstantina Tsoli, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens made a brief about the second day. Then the students participated in a workshop about *Art and Music at the Alternative Therapeutic Community KETHEA-Paremvassis* by Mrs Demetra Thivaïou, Psychologist, Head of the Programme & Mr Thanassis Spiliopoulos, Artist, Head of Educational Projects at National Gallery Museum. The students watched an Art Exhibition and an exhibition of folk musical instruments prepared by TC members KETHEA-Paremvassis in collaboration with the National Art Gallery & Mr Thanassis Spiliopoulos, Artist, Head of Educational Projects at National Gallery Museum along with the Alternative Therapeutic Community KETHEA-Paremvassis. The exhibition was very impressive and the students played with the musical instruments making a beautiful atmosphere.



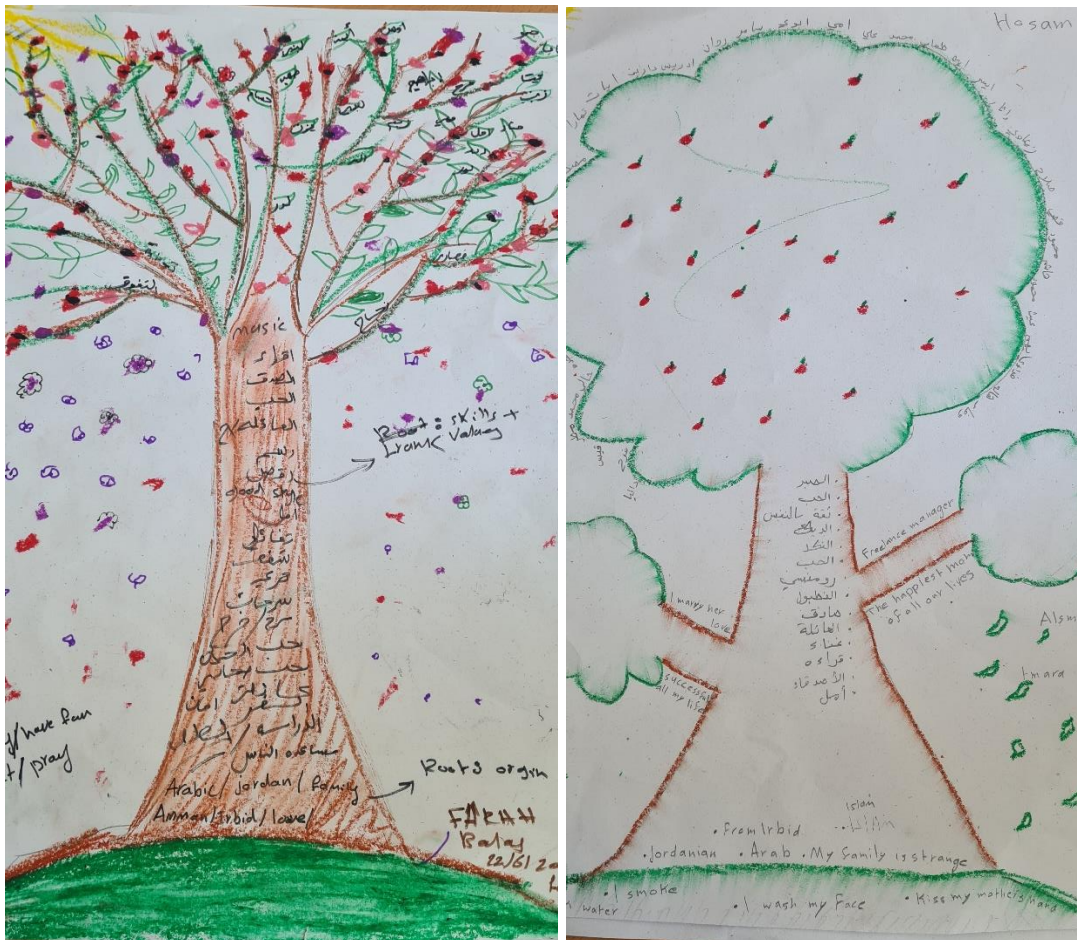
Afterwards, Dr Rea Kakampoura, Associate Professor of Greek Folklore Studies, National and Kapodistrian University of Athens gave a presentation on *Intangible Cultural Heritage: Sociocultural, Political, Educational and Therapeutic Dimensions*, while her partners Christiana Katsarou, Dance teacher, PhD Candidate of Folklore Studies, NKUA taught the students traditional Greek dances and Dimitris Prousalis, storyteller and teacher, PhD Candidate of Folklore Studies, NKUA relaxed them with *Oral Storytelling in times of crisis: Aspects of Healing folktales in the 21st century*. Everybody enjoyed Day 3!



On Day 4 (**Thursday, June 22nd 2023**) students started their day working their assignment on groups.

Then they attended a workshop done by Dr Charalampos Pouloupoulos, Professor of Social Work in the Addictions, University of West Attica & Dr Anna Tsiboukli, Assistant Professor of Lifelong Learning, Group Dynamics and Adult Education, National and Kapodistrian University of Athens entitled *The tree of Life*.

The agenda also included another workshop entitled *A tree for all*, given by Dr Smaroula Pandelis, psychologist-psychodramatist-sociodramatist-writer - Playback actor and conductor & Victoria Samothraki, Social Worker, MSc in Social Anthropology, Actress, Member of Playback Nuevo Team.



The last part of Day 4 was dedicated to students' assignment lead by Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & Dr Konstantina Tsoi, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens.

On Day 5 (**Friday, June 23^d 2023**) students started their day working their assignment on groups.

Afterwards, Dr Tzina Kalogirou, Professor of Modern Greek Literature and its Teaching, National and Kapodistrian University of Athens and Dr Vasiliki Oikonomopoulou, Laboratory Teaching Staff (EDIP) of Modern Greek Literature - Literature for Children and Young People and didactic applications, National and Kapodistrian University of Athens gave two presentations a. *Hands on picture books* and b. *Poetry "pharmacy"* both followed by their workshops: a. *Hands on picture books: Healing through creative writing/self-expression and play* and b. *Poetry "pharmacy": Healing through poetry and songs*.



Day 5 was completed with students' assignment lead by Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & Dr Konstantina Tsoli, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens.

On day 6 (**Monday, June 26th2023**) students worked their assignment on groups. Afterwards a site visit was scheduled at the National Gallery with the guide of Mr Thanassis Spiliopoulos, Artist.



After the visit Mr Panos Korogiannakis, Musician, Actor, MSc in Social Sciences did a workshop entitled *Music Therapy* and finally at the end of Day 6 students worked on their assignment lead by Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & Dr Konstantina Tsoli, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens.

On day 7 (**Tuesday June 27th2023**) students worked their assignment on groups.

The training started with the presentation of Mrs Athina Christopoulou, PhD Candidate, Med Educational Psychology, MeD Studies in Education, MeD Special Education, Head of the Department of Special Education in Ministry of Education & Religion entitled: *Forging national educational policies for the equal access of students with disabilities and/or special educational needs to education: Goals, priorities, challenges.*



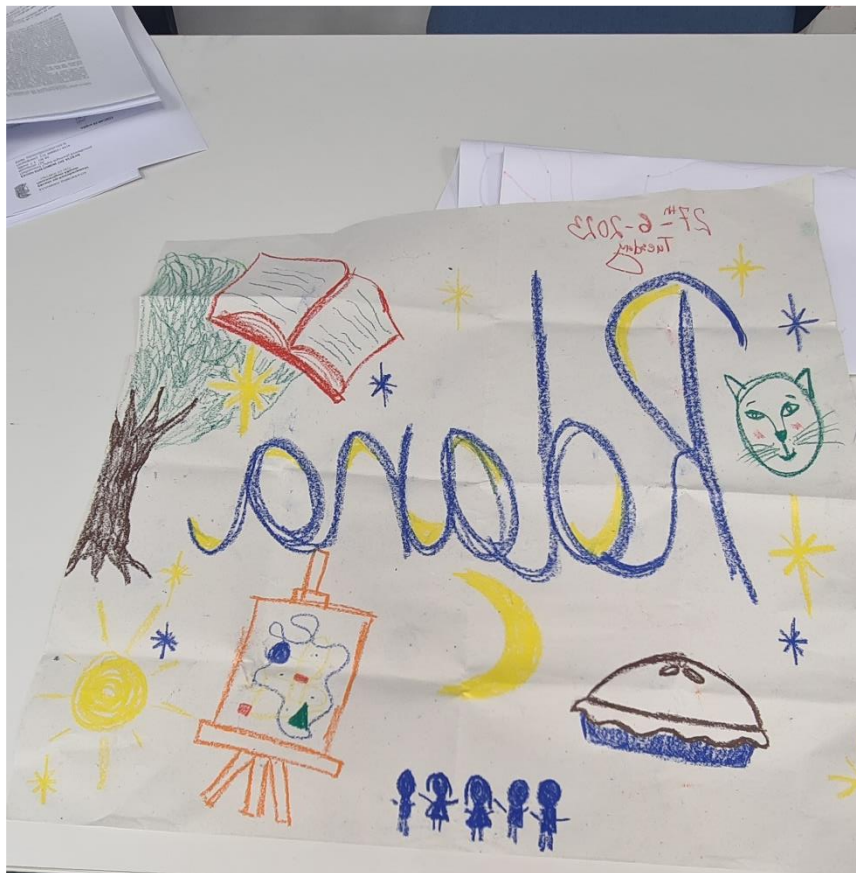
Then Mrs Despoina Papaioannou, Society of Social Psychiatry P. Sakellaropoulos did an *Art Therapy Workshoip* and finally Mrs Christina-Andromeda Souridi, Teacher did a workshop on *Dance Therapy*.



On day 8 (**Wednesday June 28th2023**) students worked their assignment on groups.

Ms Kyratso Skodroyianni, Social Worker - Drug Counselor, Head of KETHEA-STROFI Programme for Adolescent Drug Users and TC family members prepared a presentation on *KETHEA STROFI Art, Music, and Web Radio*.

After about an hour working on students' assignment lead by Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & Dr Konstantina Tsoli, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens, students participated in a workshop by Mrs Katerina Chatzaki, Teacher, actress, facilitator, PhD student entitled *Bonds and bridges*.



On day 9 (**Thursday June 29th2023**) students worked their assignment on groups.

Afterwards, Dr Elisavet Lazarakou, Assistant Professor of Evaluation of the learning process: Pedagogy - Teaching approach, National and Kapodistrian University of Athens did a workshop entitled *Artistic creation as an expression of personal values and attitudes*.

Before the lunch break students worked on their assignment lead by Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & Dr Konstantina Tsoli, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens.

Afterwards, Dr Maria Dimaki-Zora, Associate Professor of Theatrology - Modern Greek Drama and Culture, National and Kapodistrian University of Athens had prepared a workshop about *The Therapeutic dimension of theatre in practice. Examples of Greek Applied Theatre*.

After the coffee break, students completed their day participating in a workshop entitled *Art and Theater in Drug Addiction Rehabilitation* and done by Mrs Cleo Makris, Sculpturist & Mrs Olympia Chaidemenaki, Adult Educator.



The training of the staff came to the end. Students worked on groups and finalised their assignments, a diary on their training experience and videos including all the assignments they made during the training. Discussions were followed after the presentation of the assignments.

Finally, the Dean of the School of Education, Dr Thomas Babalis along with Dr Konstantina Tsoli, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens distributed their certificates and a group photo was taken to capture the happiness and the satisfaction of the students after taking part in the two-week training in Athens.



Prof. Thomas Babalis,
HEALING Project Coordinator at NKUA
Dean of School of Education
NKUA, Greece

