

Event name	Online HEALING Workshop at Irbid National University
WP Number	WP3: Capacity Building and Training Workshop
WP Leader	UNIOS
Event date	30/06/2021
Number of Participants	English
Total number of pages	3

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1. Event Description

Lead University: Universidade Católica Portuguesa UCP

Co-Lead University: Hashemite University & University of Sfax

Date : 30/06/2021

In the realm of virtual connectivity, Irbid National University orchestrated a captivating workshop that resonated with the symphony of healing and personal growth. This transformative event, brought to life through digital innovation, spotlighted the power of Music Therapy as a catalyst for emotional well-being and holistic harmony.

Guided by the expertise of Dr. Wassim Jomaa, the workshop commenced with a profound "Introduction to Music Therapy". This online session, facilitated through the Teams platform, served as a gateway into the realm of healing through melody. Dr. Wassim Jomaa's seasoned insights cast light upon the transformative potential of music as a therapeutic tool, fostering emotional expression, resilience, and catharsis.

The virtual landscape of the workshop transcended geographical constraints, bringing together a diverse tapestry of 40 participants. Through the shared digital space, attendees united with a common purpose: to unravel the intricate connections between music and the human psyche, and to explore how harmonies and rhythms can touch and heal the soul.

As the virtual notes of the workshop resounded, participants delved into the captivating world of Music Therapy. Dr. Wassim Jomaa's expertise not only conveyed the theoretical underpinnings of this healing modality but also illuminated practical ways in which music can serve as a bridge to emotional release, self-discovery, and personal transformation.

Irbid National University's dedication to knowledge dissemination and holistic well-being was evident in every aspect of this workshop. As attendees departed the virtual realm, they carried with them not only a deeper understanding of Music Therapy but also a newfound appreciation for the art of using sound to mend the spirit and nurture the soul. The echoes of this workshop will continue to resonate, planting seeds of growth and transformation that will surely flourish in the days ahead.

Press releases: Facebook Post Link, Web page INU

<https://www.facebook.com/HEALINGbyarts/posts/333039264998650>

<http://www.inu.edu.jo/display.aspx?token=0&id=929>

2. Photos



Irbid National University HEALING Workshop On 30/6/2021 Wednesday Via Teams at 18:00 pm

No.	Sessions	Time
1	Opening General Idea about the HEALING Project Prof. Ahmad Odat – INU Project Manager	18:00-18:10
2	Welcome speech by Prof Dr Ahmad Khasawneh INU President	18:10-18:20
3	Prof. Dr Ahmad Al Salaymeh speech Healing Erasmus Plus Project General Coordinator	18:20-18:35
4	" The Power of drawing on improving our mental health "by Dr.Rasmeyeh Al Emarlsra University	18:35-18:50
5	An Introduction to music Therapy and its uses in cardiology "مدخل الى العلاج بالموسيقى واستعمالاته في اقسام امراض القلب" الدكتور وسيم جمعه: استاذ العلوم العصبية وعلم نفس الموسيقى بالمعهد العالي للموسيقى بكلية الطب باين الجزائر ، جامعة سوسة- تونس	18:50-19:10
6	Open Discussion & closing remarks	19:10-19:30

