

<b>Event name</b>	Event on Art Therapy - University of Gabes
<b>WP Number</b>	WP6: Dissemination & Exploitation
<b>WP Leader</b>	UNIOS
<b>Event date</b>	29/05/2021
<b>Number of Participants</b>	English
<b>Total number of pages</b>	4

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## 1. Event Description

**Lead University:** Josip Juraj Strossmayer University of Osijek

**Co-Lead University:** Irbid National University & University of Sfax

**Date :** 29/05/2021

Amid the vibrant cultural tapestry of Gabes, the University of Gabes hosted a captivating Dissemination Event that illuminated the profound impact of Art Therapy on the human experience. With an engaged audience of 30 individuals, this event not only showcased the essence of the HEALING project but also provided a glimpse into the world of Art Therapy—a journey of healing and self-discovery.

The HEALING project took center stage as it was succinctly presented, encapsulating its essence and objectives. Attendees were invited to delve into a visionary initiative that aims to harness the therapeutic potential of art to facilitate emotional and psychological healing. The project's aspirations and accomplishments resonated throughout the gathering, igniting a spark of curiosity and enthusiasm among the attendees.

A focal point of the event was the unveiling of the diploma program in Art Therapy—a profound offering by the University of Gabes. Through an intricate description, the diploma's curriculum, philosophy, and scope were laid bare. Attendees were granted a sneak peek into the comprehensive journey that students embarking on this program would undertake, cultivating skills to guide individuals toward emotional well-being through artistic expression.

The true essence of the event was encapsulated in the introduction to Art Therapy, a riveting discourse that illuminated the therapeutic potential of artistic creation. Attendees were guided through the transformative impact of channeling emotions, experiences, and narratives into creative outlets, offering a pathway to release, understanding, and healing. The power of images, colors, and textures as a language of the soul was explored, fostering a collective appreciation for the profound connections between creativity and emotional well-being.

A highlight of the event was the esteemed presence of Dr. Giovanni Mirabella from the University of Brescia. His expertise and insight radiated as he delivered a comprehensive presentation on the Introduction to Art Therapy. Attendees were captivated by his eloquence as he unraveled the foundational principles and practices that underpin this therapeutic discipline. Dr. Mirabella's discourse transcended the event, leaving a lasting impression on all who were fortunate to listen.

As the Dissemination Event drew to a close, the aura of inspiration lingered. Attendees departed with a newfound appreciation for the artistry of healing, armed with knowledge that creativity possesses the power to mend the spirit and illuminate the path toward emotional wellness. The University of Gabes' event served as a beacon, a testament to the beauty of art as a universal language of healing and hope.

Press releases: Newsletter <https://sway.office.com/2UEJC8z5b87U01ar?ref=Link>

## 2. Photos

### WHAT DOES THEATRE TRIGGER ?

To successfully impersonate a character, an actor needs to control his body and, at the same time, he has to reproduce the character's emotions and way of thinking, and to identify with his social role.



This need could allow patients to develop new strategies for carefully controlling their bodies and minds within a protected environment (where they do not feel judged by others).



These unique features make theatre an ideal playground for deeply motivating patients, allowing them to reacquire the control of their social, psychological and emotional life and to transfer these abilities to everyday life situations.



In the frame of Erasmus plus Programme -  
Developing a Multidisciplinary Diploma on Art  
Therapy in Health Education Project (HEALING)

<http://sites.ju.edu.jo/en/healing>

We are inviting you to participate in  
“Dissemination Event on Art Therapy”  
organized by the University of Gabes

**Event Registration link:**

[https://zoom.us/join/zoom/register/tJ0vd-6rpzpjGdDfVEW7\\_NeFsD57R8GJLaZa](https://zoom.us/join/zoom/register/tJ0vd-6rpzpjGdDfVEW7_NeFsD57R8GJLaZa)

**Day: Saturday**

**Date: 29.05.2021**

**Time: 11:30 – 12:40 (Tunisian Time)**

**11:30 – 11:45: Opening**

Dr. Ouweis Kabaou, Moderator of the meeting  
Prof. Kamel Abderrahim, President of University of Gabes  
Prof. Ahmed Al-Salaymeh, Project coordinator of the project, University of Jordan

**11:45 – 11:55: HEALING in Brief**

Dr. Mehdi Khouja, Coordinator of the project for the University of Gabes

**11:55 – 12:10: Description of the diploma on Art Therapy**

Dr. Mongi Souai, Responsible for the Art Therapy Diploma

**12:10 – 12:30: Introduction to art therapy**

Prof. Giovanni Mirabella, The University of Brescia

**12:30 – 12:40: Closing**

**\*\*A certificate of participation will be issued**

