



HEALING:

Developing a Multidisciplinary Diploma on Art Therapy in Health Education

**Staff ToT Workshop
UCLL staff ToT week in Leuven, Belgium**

Location:

UCLL Campus Hertogstraat, Heverlee

Hertogstraat 178

3001 Heverlee

[Google Maps](#)

Classroom A. 111 & A. 112

October 17th – 21th 2022

Monday – Friday

Leuven – Belgium



This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP

Contents

| | |
|--|----|
| Report of day 1: 17 October, Leuven Belgium..... | 3 |
| Report of day 2: 18 October, Leuven Belgium..... | 5 |
| Report of day 3: 19 October, Leuven Belgium..... | 7 |
| Report of day 4: 20 October, Leuven Belgium..... | 11 |
| Report of day 5: 21 October, Leuven Belgium..... | 13 |
| Annexes..... | 15 |
| Agenda | 15 |
| Attendance sheet..... | 15 |
| Photos | 15 |
| Certificates..... | 15 |

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP

Report of day 1: 17 October, Leuven Belgium

| Day 1 Monday, October 17 th 2022 | | |
|--|---|-------------------------------|
| Time | Task | Presenter |
| 09:30 – 10:00 | Registration | |
| 10:00 – 11:00 | Welcoming participants + Logistics information about the programme + Introducing participants | Chloe Mentens Ellen Müller |
| 11:00 – 11:30 | Coffee Break | |
| 11:30 – 13:00 | Workshop about ECTS system | Ruben Jans |
| 13:00 – 14:00 | Lunch Break | |
| 14:00 – 15:30 | Technology Enhanced care | Patrick De Mazière |
| 15:30 – 16:00 | Coffee Break | |
| 16:00 – 17:00 | Movement Therapy | Ms. Joyce Raie |
| 17:00 | Closing of the Day One | |

The TOT training week in Belgium took place from Monday 17 to Friday 21 October.

On day 1, participants were welcomed in Leuven at UCLL's Campus. Here, all participants had the chance to introduce themselves to get to know each other better and thus also learn about the expertise and background of the other participants.

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP

Chloe Mentens, researcher at UCLL, provided a welcome presentation where the participants were welcomed, given practical information about their stay in Belgium and the planning of the coming days but also some facts and background about the university centre UCLL and how education is organised in Flanders.

Next, researcher Ellen Muller (UCLL) gave an introduction about Belgium using an interactive quiz.

After the coffee break, a workshop was organised by Ruben Jans, lecturer and researcher at UCLL. The topic was the organisation of European education and the associated ECTS system. Explicit attention was paid to how a similar system can be applied to, among other things, the healing training or other training offered by the participating partners.

In the afternoon, two more sessions were arranged.

The first session in the afternoon was presented by Dr Ir Patrick De Maziere, Head of Digital Solutions. He gave a session on Technology Enhanced Care, inspiring initiatives at the intersection between care and science. How can modern technology play a role in care and in what way does art and creativity play an important role in Belgium right now among care providers. The session ended with an open discussion where cultural differences and difference in applications were discussed among the participants, followed by a coffee break.

The final session of the first day was facilitated by ms. Joyce Raie, head of faculty of theatre arts. This was an active session around movement therapy focusing on different aspects of self-care.

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP



Report of day 2: 18 October, Leuven Belgium

| Day 2 Tuesday October 17 th 2022 | | |
|--|--|------------------|
| Time | Task | Presenter |
| 09:20 – 09:30 | Registration at location 1 | |
| 09:30 – 12:00 | Medical facts and history of the city of Leuven A guided tour through the highlights of the city of Leuven | Marc Bracke |
| 12:00 – 12:30 | Transport to UCLL Campus Hertogstraat 178, Heverlee | |
| 12:30 – 13:30 | Music Therapy | Dr. Wassim Jomaa |
| 13:30 – 14:30 | Lunch break | |

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP

| | | |
|----------------------|--|----------------|
| 14:30 – 15:45 | Augmented reality in (Health) Education 360° tool to prepare and implement practical knowledge | Ruben Jans |
| 15:45-16:00 | Coffee break | |
| 16:00 – 17:00 | Movement Therapy | Ms. Joyce Raie |
| 17:00 | Closing of Day 2 | |

On the second day, TOT staff week participants gathered in the centre of Leuven as the first session took place in the city. We gathered on the main market at an architecturally (and functionally) important building for the city; the town hall. We walked in group to the 'Romaanse Poort'. This was the starting point of the guided walk, Guided by recognised city guide and cultural expert Marc Bracke. He toured us through the city, stopping at several stops that had significant significance in the medical or cultural history of the city of Leuven. Art and therapy are fields in which Leuven has national and international fame. Among other things, we visited the college, the art library, the herb garden where Vesalius, among others, used to teach about the early years of medicine, and so on. We enjoyed the anecdotes and took the time afterwards to ask questions which led to an interesting group discussion about the approach to art therapy in different countries and what important role Leuven played in putting this topic on the map in Europe.

The second session of day two was scheduled to share the principles of music therapy among the participants. Afterwards, we were able to enjoy lunch together.

In the afternoon, Ruben Jans, Teacher - researcher - learning technologist, taught a session on Augmented reality in (Health) education. He presented a 360 tool to integrate practice knowledge into therapy lessons in an accessible way. As a practical example, we were given an online tour of the University Hospital of Leuven and got an insight into how medical education was implemented using Augmented Reality. We were also allowed to experiment with the tool ourselves by applying it to our own expertise in order to inspire each other with the possibilities and applications.

Closing the second day we did with a continuation of movement therapy by ms. Joyce Raie.

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP



Report of day 3: 19 October, Leuven Belgium

| Day 3 Wednesday May 19th 2022 | | |
|--|---|------------------|
| Time | Task | Presenter |
| 09:00 – 09:30 | Registration | |
| 09:30 – 10:00 | <ul style="list-style-type: none"> ❖ Welcome Speech by Chloe Mentens, Project Coordinator at UCLL. ❖ Welcome Speech by Prof. Mohammad Nassar, Dean of the School of Arts and Design at the University of Jordan, UJ. ❖ Welcome Speech by Prof. Ahmed Al-Salaymeh, General Project Coordinator, UJ. ❖ Logistic information by UCLL team (WiFi, lunch and other arrangements) by Dr. Chloe Mentens | |
| Chairman: Prof. Ahmed Al-Salaymeh Moderator: Eng. Rasha Al-Baik | | |
| 10:00 – 11:30 | <p>Project Implementation presentation by Partner Universities in Jordan</p> <p>Project Implementation presentation by Partner universities in Jordan (each university 30 min) covering the following topics:</p> <ul style="list-style-type: none"> ➤ Achievements in Networking and Agreements with Stakeholders ➤ Achievement in WP2 (Final list of courses, Accreditation letter, HEALING offered courses each semester and number of enrolled students) ➤ Courses piloting and implementation reports ➤ Conducted dissemination activities ➤ Number of registered Students in Diploma. ➤ Number and Specialty of Lecturers and Teachers. | |

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP

| | <ul style="list-style-type: none"> ➤ List of Updated Courses. ➤ Art Therapy Center. ➤ Questionnaires (Pre and post-course). ➤ Plan for HEALING 2nd (The Second Batch of Students) <table border="1"> <thead> <tr> <th>Time</th> <th>Partner Name</th> <th>Presenter</th> </tr> </thead> <tbody> <tr> <td>10:00 – 10:30</td> <td>The University of Jordan</td> <td>Ms. Joyce AlRaie</td> </tr> <tr> <td>10:30 – 11:00</td> <td>The Hashemite University</td> <td>Dr. Aiman AlShara'a</td> </tr> <tr> <td>11:00 – 11:30</td> <td>Irbid National University</td> <td>Prof. Ahmad Al-Odat</td> </tr> </tbody> </table> | Time | Partner Name | Presenter | 10:00 – 10:30 | The University of Jordan | Ms. Joyce AlRaie | 10:30 – 11:00 | The Hashemite University | Dr. Aiman AlShara'a | 11:00 – 11:30 | Irbid National University | Prof. Ahmad Al-Odat |
|----------------------|---|---|--------------|-----------|---------------|---|-----------------------|---------------|--------------------------|---|---------------|---------------------------|---------------------|
| Time | Partner Name | Presenter | | | | | | | | | | | |
| 10:00 – 10:30 | The University of Jordan | Ms. Joyce AlRaie | | | | | | | | | | | |
| 10:30 – 11:00 | The Hashemite University | Dr. Aiman AlShara'a | | | | | | | | | | | |
| 11:00 – 11:30 | Irbid National University | Prof. Ahmad Al-Odat | | | | | | | | | | | |
| 11:30 – 12:00 | Coffee Break | | | | | | | | | | | | |
| 12:00 – 13:00 | Project Implementation presentation by Partner universities in Jordan <table border="1"> <thead> <tr> <th>Time</th> <th>Partner Name</th> <th>Presenter</th> </tr> </thead> <tbody> <tr> <td>12:00 – 12:30</td> <td>Jordan University of Science and Technology</td> <td>Prof. Mohammad Nazzal</td> </tr> <tr> <td>12:30 – 13:00</td> <td>Isra University</td> <td>Prof. Ghaidaa Abu Rumman and Dr. Rasmieh AlAmar</td> </tr> </tbody> </table> | Time | Partner Name | Presenter | 12:00 – 12:30 | Jordan University of Science and Technology | Prof. Mohammad Nazzal | 12:30 – 13:00 | Isra University | Prof. Ghaidaa Abu Rumman and Dr. Rasmieh AlAmar | | | |
| Time | Partner Name | Presenter | | | | | | | | | | | |
| 12:00 – 12:30 | Jordan University of Science and Technology | Prof. Mohammad Nazzal | | | | | | | | | | | |
| 12:30 – 13:00 | Isra University | Prof. Ghaidaa Abu Rumman and Dr. Rasmieh AlAmar | | | | | | | | | | | |
| 13:00 – 14:00 | Lunch Break | | | | | | | | | | | | |
| 14:00 – 15:30 | Project Implementation presentation by Partner Universities in Tunisia Project Implementation presentation by Partner Universities in Tunisia (each university 30 min) covering the following topics: <ul style="list-style-type: none"> ➤ HEALING team ➤ Achievements in Networking and agreements with stakeholders ➤ Achievement in WP2 (Final list of courses, Accreditation letter, HEALING offered courses each semester and number of enrolled students) ➤ Courses piloting and implementation reports ➤ Conducted dissemination activities ➤ Number of registered Students in Diploma. ➤ Number and Specialty of Lecturers and Teachers. ➤ HEALING Courses with Diploma. ➤ List of Updated Courses. ➤ Art Therapy Center. ➤ Questionnaires (Pre-course). ➤ Plan for HEALING 2nd (The Second Batch of Students) ➤ Marketing Plan for Each Institution. <table border="1"> <thead> <tr> <th>Time</th> <th>Partner Name</th> <th>Presenter</th> </tr> </thead> <tbody> <tr> <td>14:00 – 14:30</td> <td>University of Gabes</td> <td>Dr. Mehdi Khouja</td> </tr> <tr> <td>14:30 – 15:00</td> <td>University of Sousse</td> <td>Dr. Wassim Jomaa</td> </tr> <tr> <td>15:00 – 15:30</td> <td>University of Sfax</td> <td>Dr. Ismael boussida</td> </tr> </tbody> </table> | Time | Partner Name | Presenter | 14:00 – 14:30 | University of Gabes | Dr. Mehdi Khouja | 14:30 – 15:00 | University of Sousse | Dr. Wassim Jomaa | 15:00 – 15:30 | University of Sfax | Dr. Ismael boussida |
| Time | Partner Name | Presenter | | | | | | | | | | | |
| 14:00 – 14:30 | University of Gabes | Dr. Mehdi Khouja | | | | | | | | | | | |
| 14:30 – 15:00 | University of Sousse | Dr. Wassim Jomaa | | | | | | | | | | | |
| 15:00 – 15:30 | University of Sfax | Dr. Ismael boussida | | | | | | | | | | | |
| 15:30 – 16:00 | Coffee break/ Discussion and Wrap up for the First Session | | | | | | | | | | | | |
| 16:00 – 17:00 | <u>Transport to next Location</u> UCLL Campus Gasthuisberg Herestraat 49, 3000 Leuven | | | | | | | | | | | | |

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP

| | | |
|----------------------|---|-----------------------------|
| 17:00 – 18:30 | Cooking workshop ‘Window on the world’ Together with lecturers UCLL from the Nutrition and Dietetics programme (Healthcare) | Laura Pauwels/Chloë Mentens |
| 18:30 -19:00 | Change to meeting room + arriving of guests | |
| 19:00 – 20:00 | Lecture about COIL/Virtual exchange and BIP’s info How to internationalise your education? Collaborative Online International Learning and blended intensive programmes. | Laura Pauwels |
| 20:00 | Closing of Day 3 | |

The third day was all about the progress of the Healing project. The various Jordanian and Tunisian partners had the chance to present in a presentation what actions, events and training components their institute already completed, what barriers they experienced and what is still planned in the near future. All partners had at least 30 minutes to present their part. Extensive time was also taken to ask questions of each other and learn from the trajectories of the other participants.

For the second part of the programme, we went by public transport to UCLL's health campus at Leuven University Hospital. Here, we were welcomed by several colleagues from ucll consisting of department heads, health and wellness teachers, researchers and others. To get to know each other in a casual way, we opted for a cross-cultural cooking workshop called 'window on the world'. Various intercultural snacks and dishes were offered, concluded with a fresh tea ceremony. The activity allowed ucll professionals and project partners to exchange experiences about their careers but also learn more about each other's culture and customs.

Afterwards, we could enjoy the goodies we made together during an interesting lecture by Prof Laura Pauwels. She gave a lecture on COILS and internationalisation within courses. She presented some best practices but also let the group work on their own through short brainstorming sessions on possible topics for collaborative online international learning and blended intensive programmes.

It was a long, tiring but very inspiring day.

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP



This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP

Report of day 4: 20 October, Leuven Belgium

| Day 4 Thursday, October 20th 2022 | | |
|--|--|------------------|
| UCLL Campus Hertogstraat, Heverlee Hertogstraat 178 3001 Heverle Google Maps Classroom A. 111 & A. 112 | | |
| Time | Task | Presenter |
| 09:20 - 09:30 | Registration | |
| 09:30 - 10:30 | Group psychology | Dr. Rasmieh Amar |
| 10:30 – 10:45 | Coffee break | |
| 10:45 – 12:15 | KATVIS Why and how to integrate the power of arts and culture in higher education? Case study KATVIS Remote session | Leen Vennekens |
| 12:15 – 13:00 | Music Therapy | Nidal Nusairat |
| 13:00 – 14:00 | Lunch Break | |
| 14:00 – 15:30 | Technology Enhanced Learning in healthcare How technology can support prevention of delirium a.o. | Andy Veltjen |
| 15:30 – 15:45 | Coffee break | |
| 15:45 -17:00 | Ethics | Dr. Rasmieh Amar |
| 17:00 | End of the Workshop | |
| 19:00 | SOCIAL DINNER (Not mandatory) €26,5 pp excl. drinks Restaurant De Hoorn Sluisstraat 79 3000 Leuven | |

The group meets again at UCLL's campus building in Leuven. The first session is reserved for Dr Rasmieh Amar on group psychology. In some creative and out of the box assignments, she will take the group through the theme of group psychology. The group discussions reveal how we can become aware of communication, peer pressure and a social hierarchy that sets up within a group.

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP

After the coffee break, it was time for a session by Prof Leen Vennekens Lecturer UCLL Bachelor of Orthopedagogy, Master of Communication Sciences and expert on body language and drama. She gave an interactive talk on her theatre project KATVIS. It is an example of what is the power of integrating arts and culture in higher education. Afterwards, there was an exchange of ideas on why it is important to integrate art in different course units.

At 12.15 it was time for a short session on music therapy. What does music therapy mean according to the various attendees and how can music therapy be an added value within existing therapy.

afternoon we are welcomed by dr andy veltjen, his expertise is covering the fields of e-learning, blended learning, mobile learning, gaming and social networks, like e.g. the use of Facebook for informal learning or using games to motivate students. He's working on a variety of projects in many sectors like e.g. healthcare, politics, entertainment, education, labor market, e.a.... He delivered a session on technology-enhanced learning in healthcare. More specifically on how technology can support healthcare providers in preventing delirium but also the great role gamification and creativity in emerging sizes embodies in the research domain of healthcare.

After the coffee break, we will again conclude with an interactive creative session given by Dr Rasmieh Amar, this time on the theme of ethics more specifically the importance of ethics, open discussions and public opinion to make sensitive topics discussable.

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP

Report of day 5: 21 October, Leuven Belgium

| Day 5 Friday, October 21st 2022 | | |
|--|--|-------------------------------|
| Location 1: Luca School of Arts – Campus Lemmens https://ap.lc/7Hum1 | | |
| Location 2: Health House Leuven Gaston Geenslaan 11/B4 https://goo.gl/maps/JYwyPq5c7gWbNqGn6 | | |
| Time | Task | Presenter |
| 09:00 – 09:15 | Registration with coffee at Luca School of Arts | |
| 09:15 – 09:30 | Welcome speech to the Luca School of Arts | Bart Meuris and Jos De Backer |
| 09:30 – 14:00 | Visit to Luca School of Arts – Campus Lemmens Get to know Music education system, Music session - Introduction to the transition of art education/academy of music | Bart Meuris and Jos De Backer |
| 14:00 – 15:00 | Lunch Break in Location 1 | |
| 15:00 – 17:00 | Certificates distribution Evaluation of The Tot | |
| 17:00 | End of the ToT | |

On the last day, we are guests at a special location, namely the internationally renowned Sint Luca School of arts. Here we will be welcomed by Bart Meuris, coordinator Internationalization LUCA-Music and Jos De Backer professor and coordinator of the Bachelor and Master training in music therapy at LUCA and head of the music therapy department at the University Psychiatric Center KU Leuven. He is an internationally recognised principal investigator (PI), widely known for his work on musical improvisation within a therapeutic context. His research mainly focuses on therapeutic processes with persons with psychiatric problems (psychosis, personality disorders, dementia) and persons with a mental disability and autism.

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP

Meuris and De Backer gave us a tour of the buildings of Sint Luca school of art and research.

At 10 am, we get to participate in an improvisation session on music painting in collaboration with some musicians and teachers from the Sint Luca School of Arts.

After this, we are invited by Prof Dr Katrien Foubert in a lecture on the current state of art of music therapy in Europe. Prof Foubert holds a master's degree in music (violin) from the Conservatoire de Bruxelles, and a master's degree in music therapy from LUCA School of Arts. During her doctoral and postdoctoral studies, she developed innovative methods to include musical interaction in psychiatric diagnostic and therapeutic assessments in patients with personality or autism spectrum disorders. Currently, her research focuses on the study of musical-improvisational processes in relation to mental health and psychopathology.

To also interact and get to know the students of Sint Luca, we were allowed to participate in an improvisation session where we engaged in musical conversation with the attendees.

At the end, we were allowed to visit the chapel of Sint Luca college as a surprise. Here we were given a private concert on the recently renovated pipe organ.

To end the week, we held a closing moment at UCLL where the certificates were handed out and there was room to evaluate the week.



This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP

Annexes

Agenda

<https://drive.google.com/drive/folders/1D-mweYk8pHfQyXedwhjkfarMEmfEjL4p>

Attendance sheet

<https://drive.google.com/drive/folders/1-CCM2kdQw7w5yG4qtZk2eLryGL2CIsMr>

Photos

https://drive.google.com/drive/folders/1wwVKwOq4hD_pAZX1844dcoKEbHGFxqp8

Certificates

<https://drive.google.com/drive/folders/1qP7uBIGtJ9spFQXDn6ZtGBMmRqXVVZHZ>

This Project has been Co-funded with support from the European Commission.

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

ERASMUS+ PROGRAMME Project Number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP