

**Dissemination Activity Report** 

# SECOND ONLINE WORKSHOP CREATIVE ART THERAPY

Online training workshop The University of Jordan

January, 31<sup>th</sup> 2021







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## Training Workshop

Specify in which category of dissemination and Communication activities the one described fits:

| Activity / product  | Y            |
|---|--------------|
| Organisation of a Conference  |              |
| Organisation of a Workshop  | $\checkmark$ |
| Internal specific workshops and presentations                                 | $\checkmark$ |
| Promotional material  |              |
| Exhibition  |              |
| Press Release   | $\checkmark$ |
| Training  | $\checkmark$ |
| Social Media  | $\checkmark$ |
| Website   | $\checkmark$ |
| Communication Campaign (e.g. Radio, TV)                                       |              |
| Participation in a Conference   | $\checkmark$ |
| Participation in a Workshop   |              |
| Participation in an Event other than a Conference or a Workshop               |              |
| Video/Film  | $\checkmark$ |
| Job Fair  |              |
| Participation in activities organized jointly with other Erasmus+<br>projects |              |
| Non-scientific and non-peer-reviewed publication (popularised publication)    |              |
| Publications in scientific journals   |              |
| E-Newsletters   | $\checkmark$ |
| Other   |              |

## Local Target Audience and Contacts reached





| Activity / product                                | Reached      |
|---|--------------|
| Academic Staff                                    | $\checkmark$ |
| Non-Academic Staff                                | $\checkmark$ |
| Administration Staff                              | $\checkmark$ |
| Students  |              |
| Scientific Community (Higher Education, Research) |              |
| Industry  |              |
| Policy Makers                                     | $\checkmark$ |
| Media   | √            |
| Investors   | √            |
| Public  | $\checkmark$ |
| Other   |              |

## Dissemination via promotional material activities

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| Activity / product | Partner in charge                       | Task/Frequency  | Status  |
|--------------------|---|---|---|
| Logo               | University of Jordan                    | Once at start of project                                | Logo created                                    |
| Website            | University of Jordan                    | Developed and extended continuously through the project | Web site created                                |
| Brouchore          | J.J.Strossmayer<br>University of Osijek | Once at start of project                                | Brouchurwe created                              |
| Banners            | J.J.Strossmayer<br>University of Osijek | Once at start of project                                | Banner created                                  |
| E- Newsletter      | J.J.Strossmayer<br>University of Osijek | Two newsletters per year                                | First newsletter was<br>created on June<br>2020 |

#### Table 1 Dissemination via promotional material activities





#### Social Media

#### Facebook

A Facebook account was created here: <u>https://www.facebook.com/HEALINGbyarts/</u> It has 156 followers and there have been 146 likes.

#### Table 2 Social media activities

| Post   | Partner in charge | Date of post |
|--|-------------------|--------------|
| Profile picture  | UJ                | 13.03.2020.  |
| What is Art Therapy  | UJ                | 13.03.2020.  |
| Corona-virus stress? Relax with some art Therapy   | UJ                | 18.03.2020.  |
| Beautiful Relaxing Music   | IJ                | 18.03.2020.  |
| Happening now  | UJ                | 19.03.2020.  |
| The online Kick off meeting for HEALING project  |                   |              |
| Partners are sharing their expertise in Art Therapy  | IJ                | 19.03.2020.  |
| All are excited about the project  |                   |              |
| Link on youtube "Interwiev about music therapy"  | UJ                | 10.04.2020.  |
| Today was the Second online meeting with HEALING consortium  | UJ                | 16.04.2020.  |
| Link on youtube "What is arth teapy?"  | UJ                | 08.05.2020.  |
| Meeting at Faculty of Medicine   | IJ                | 07.07.2020.  |
| A meeting for HEALING Project partners to discuss<br>the results of the conducted surveys in the<br>framework of WP1 | UJ                | 14.07.2020.  |
| Dr Rami Hadad about Centar of Art Therapy  | UJ                | 25.07.2020.  |
| Today's meeting for Jordanian Partners   | UJ                | 29.07.2020   |
| Healing Project Newsletter   | UJ                | 06.08.2020.  |
| Happening Now! Remote Monitoring to our project  | UJ                | 12.08.2020.  |





### Organisation of a Conference, Workshop, Training, Lecuture,...

Table 3 Conference, Workshop, Lecture, other events and activities (organization)

| Event                                      | Attended by   | Торіс                      | Date        | Location        |
|--|---|----------------------------|-------------|-----------------|
| Creative Art<br>Therapy Online<br>Workshop | HEALING Project<br>Target Groups<br>(Academic, Non<br>academic) | Expressive Arts<br>Therapy | 31.Jan.2021 | Online via Zoom |
|  |   |                            |             |                 |
|  |   |                            |             |                 |
|  |   |                            |             |                 |

## Participating in Conference, Workshop, Training, Lecture,...

Table 4 Conference, Workshop, Lecture, other events and activities (participation)

| Event | Attended by | Торіс | Date | Location |
|-------|-------------|-------|------|----------|
|       |             |       |      |          |
|       |             |       |      |          |
|       |             |       |      |          |
|       |             |       |      |          |
|       |             |       |      |          |
|       |             |       |      |          |







#### About Second online workshop Creative Art Therapy

HEALING Project staff from the school of arts shared their experiences and knowledge of how the arts can be used in different cultural and medical settings through conducted creative Art therapy (2) training workshop which was held within the art therapy project series of training workshops via ZOOM.

## Objective of the training workshop

The main objective after introducing the project aim which is to represent and encourage the development of Arts Therapy education in partner countries and its expected outcomes is to introduce the trainees about the importance of art therapy in their lives, which was mediated by movement and its role in relieving tension and anxiety that effectively control the life of society.

### Topics of the training workshop

Expressive Art therapy that includes:

- A brief introduction to Movement Therapy
- Excecises
- Closing

There was an excellent number of attendees in the training workshop, as well as the interaction of audience participation in the exercises that have been training.

After completing the practical workshop, the project coordinator; Prof. Ahmed Al-Salaymeh thanked the trainers and the participants for the distinguished and effective interaction.

### Feedback of the training workshop

A link of evaluation is sent to the participants to evaluate the workshop and send their feedback.





#### Agenda

Below is the invitation card and the agenda that have been sent to participants.



Figure 1: HEALING Event Invitation and Agenda





#### Photos

In this section some photos of participants and speakers will be shown during representations.

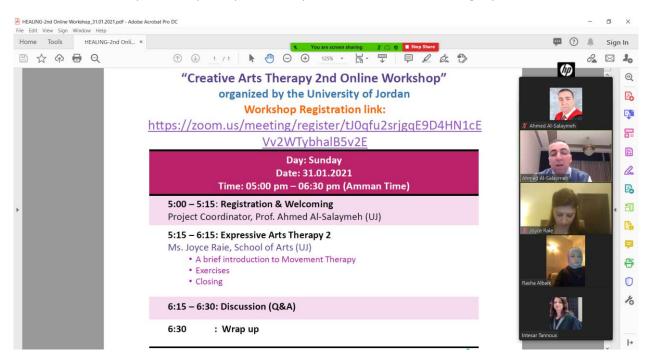


Figure 2: Prof Ahmed Al-Salaymeh Welcoming the Participants

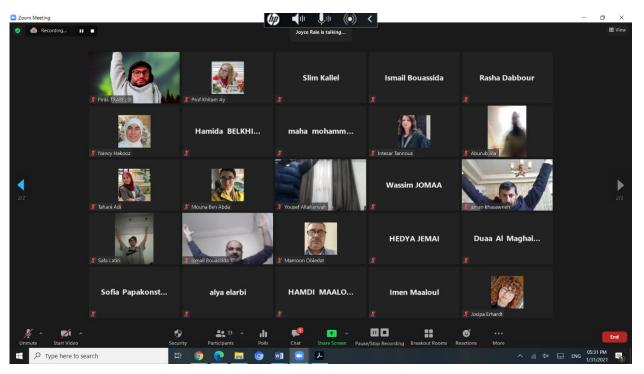


Figure 3: Some of Participants during the exercises

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**Dissemination Activity Report** 





## Participants:

| #  | Name:                    | #  | Name:                  |
|----|--------------------------|----|------------------------|
| 1  | Nancy Hakooz             | 40 | Deeb Abu Fara          |
| 2  | Tahani Adi               | 41 | Duaa Al Maghaireh      |
| 3  | Maisa Haj-Tas            | 42 | Josipa Erhardt         |
| 4  | Maha mohammad            | 43 | Mamoon Obiedat         |
| 5  | HEDYA JEMAI              | 44 | Tihana Juras           |
| 6  | Mo Nazzal                | 45 | Ruba Hasan Abu Ghazleh |
| 7  | Hamida BELKHIRIA         | 46 | Maja Tulj              |
| 8  | Alya elarbi              | 47 | Sofia Papakonstantinou |
| 9  | Yousef Altaharwah        | 48 | Ahmed Hadj kacem       |
| 10 | Safa Latiri              | 49 | Jamila khanfir         |
| 11 | Hiba Abukhader           | 50 | Darija Rupčić Kelam    |
| 12 | Ayat Nashwan             | 51 | Hanan Hasan            |
| 13 | Stefanos Vlachakis       | 52 | Khalifa omar           |
| 14 | Firas Trabelsi           | 53 | Rasha Albaik           |
| 15 | Attour Nouha             | 54 | Akram Musa             |
| 16 | Mouna Ben Abda           | 55 | Cyrine Amara           |
| 17 | Slim Kallel              | 56 | Aman khasawneh         |
| 18 | Luis Teixeira            | 57 | Waad El mejri          |
| 19 | Sahar Hashim Abdulkareem | 58 | Suhaila Halasa         |
| 20 | Imen Maaloul             | 59 | Khitam Ay              |
| 21 | Zayneb Chaâbene          |    |                        |
| 22 | Antonia Jagodic          |    |                        |
| 23 | Wassim JOMAA             |    |                        |
| 24 | Ismail Bouassida         |    |                        |
| 25 | Ala' Aburub              |    |                        |
| 26 | Anja Papa                |    |                        |
| 27 | Afagh Zarei              |    |                        |
| 28 | Dr. Muhannad Al-Shboul   |    |                        |
| 29 | Safa Ayesh               |    |                        |
| 30 | Naïma daghfous           |    |                        |
| 31 | Mariam Chaabane          |    |                        |
| 32 | HAMDI MAALOUL            |    |                        |
| 33 | Rasha Dabbour            |    |                        |
| 34 | Wafika Thaher            |    |                        |
| 35 | Snježana Stojaković      |    |                        |
| 36 | Joyce Raie               |    |                        |
| 37 | Majda Milinovic          |    |                        |
| 38 | Dr. Hadeer Merza         |    |                        |
| 39 | Intesar Tannous          |    |                        |

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#### Press releases:

Facebook Post Link: https://www.facebook.com/101788921457020/posts/193352615633983/?d=n

Workshop Recording Link: https://zoom.us/rec/share/HfM-0znX4wOAIMuUxUmWhkV0h07RFBvpwCR42rMnzzi3IUj8IADS3oQLFrFLSWtE.\_P\_etAhOokx-ZqOm?startTime=1605189140000

