



HELLENIC REPUBLIC
**National and Kapodistrian
University of Athens**

— EST. 1837 —

**SCHOOL OF EDUCATION
DEPARTMENT OF PEDAGOGY AND
PRIMARY EDUCATION**

Prof. Thomas Babalis
HEALING Project Partner
NKUA
Email: + tbabalis@primedu.uoa.gr
Tel.: +302103688507

***Report on the Staff Training Workshop for HEALING Project on June 19th – 23rd,
2023 in Athens, Greece***

The Training workshop took place in Athens, Greece in the framework of the project: “Developing a Multidisciplinary Diploma on Art Therapy in Health Education” (HEALING, Project number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP), co-funded by Erasmus+ Programme within the support of the European Union. The project workshop was held at National and Kapodistrian University of Athens (NKUA) in the period from June 19th – 23rd, 2023.

The objective of this training was to improve the quality of higher education in partner countries (Jordan and Tunisia) toward better integration and injection of the concept of Art therapy in education. Also, it aimed to modernize higher education systems to help in improving curriculums and strengthening of relations between higher education systems. Participants engaged in interactive discussions of their plans for advancing the project implementation.

The workshop agenda was designed based on multidisciplinary and consisted mostly of experiential activities.



On day 1 (**Monday, June 19th2023**) at 9.30 after the registration of the staff, a brief welcome was given by the Project Coordinator at NKUA, Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & the Head of the Department, Dr Konstantinos Skordoulis, Professor of Physics: Epistemology and Teaching Methodology. Moreover, an introduction to the Internship took place. Afterwards, a break-the-ice activity gave the opportunity to all HEALING members (students and staff from Jordan, Tunisia and Greece) to get to know each other first in groups and then in plenary.



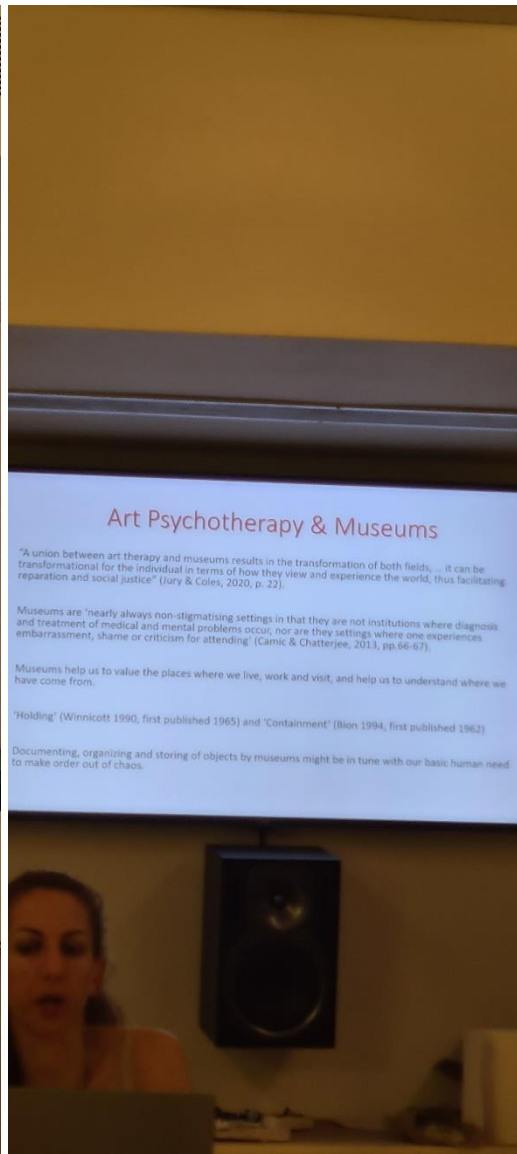
At 10.00 am the first presentation took place by Dr Vasilis Ioakimides, Professor, Historical and Comparative Social Work, University of West Attica & Dr Panagiotis Douros, PhD in Cultural Management, Researcher, University of West Attica, who presented *Social and cultural prescription: a new programme in Greece*, that allows doctors to prescribe a visit to the theatre and other cultural activities for healing reasons.

The second module entitled *Parthenon: an ancient temple challenges and guides the modern world* consisted of 2 parts: a presentation and a workshop by Dr Elisavet Lazarakou, Assistant Professor of Evaluation of the learning process: Pedagogy - Teaching approach, National and Kapodistrian University of Athens.

The first day was completed with a presentation on *Art and drug rehabilitation* by Dr Anna Tsiboukli, Assistant Professor of Lifelong Learning, Group Dynamics and Adult Education, National and Kapodistrian University of Athens.



On day 2 (**Tuesday June 20th 2023**) Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & Dr Konstantina Tsoli, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens made a brief about the first day. NKUA organized a site visit to the *National Museum of Contemporary Art*, where Mrs Marina Tsekou, Head of Training Programme & Ms Elisavet Ioannidou, Art Therapist described the educational programs related to art psychotherapy and a participatory interactive project with refugees. After the lunch break, Dr Athena Fragkouli-Sakellaropoulou, President of The Society of Social Psychiatry P. Sakellaropoulos gave a presentation entitled *Art therapy in Mental Health* followed by a discussion on day 2 lead by Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & Dr Konstantina Tsoli, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens.



On Day 3 (**Wednesday June 21th 2023**) Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & Dr Konstantina Tsoli, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens made a brief about the second day. Then the staff participated in a workshop about *Art and Music at the Alternative Therapeutic Community KETHEA-Paremvassis* by Mrs Demetra Thivaïou, Psychologist, Head of the Programme & Mr Thanassis Spiliopoulos, Artist, Head of Educational Projects at National Gallery Museum. The staff watched an Art Exhibition and an exhibition of folk musical instruments prepared by TC members KETHEA-Paremvassis in collaboration with the National Art Gallery & Mr Thanassis Spiliopoulos, Artist, Head of Educational Projects at National Gallery Museum along with the Alternative Therapeutic Community KETHEA-Paremvassis. The exhibition was very impressive and the staff played with the musical instruments amking a beautiful atmosphere.



Afterwards, Dr Rea Kakampoura, Associate Professor of Greek Folklore Studies, National and Kapodistrian University of Athens gave a presentation on *Intangible Cultural Heritage: Sociocultural, Political, Educational and Therapeutic Dimensions*, while her partners Christiana Katsarou, Dance teacher, PhD Candidate of Folklore Studies, NKUA taught the staff traditional Greek dances and Dimitris Prousalis, storyteller and teacher, PhD Candidate of Folklore Studies, NKUA relaxed them with *Oral Storytelling in times of crisis: Aspects of Healing folktales in the 21st century*. Everybody enjoyed Day 3!



On Day 4 (**Thursday, June 22nd 2023**) the staff worked on groups by the guidance of Dr Thomas Babalis, Professor of Pedagogy and Lifelong Learning, National and Kapodistrian University of Athens & Dr Konstantina Tsoli, Assistant Professor of School Pedagogy and Teaching Practice, National and Kapodistrian University of Athens.

Then they worked on *Heterotopia & Heterochronia- Cultivating Empathy through representations*, a workshop done by Dr Charalampos Pouloupoulos, Professor of Social Work in the Addictions, University of West Attica & Dr Anna Tsiboukli, Assistant Professor of Lifelong Learning, Group Dynamics and Adult Education, National and Kapodistrian University of Athens.

The last part of Day 4 was about *Integrating Augmented Reality into Art Therapy: Current Status, Opportunities and Challenges*. A presentation was given by Dr George Koutromanos, Assistant Professor of Information and Communication Technologies (ICT) in Education, National and Kapodistrian University of Athens, who along with his partners did a workshop, where the staff made their own arts with the help of augmented reality and had the opportunity to wear glasses and see objects through the lens of augmented reality.





Finally, on Day 5 (**Friday, June 23^d 2023**) Dr Maria Kokolaki, Laboratory Teaching Staff (EDIP) of Anthropology of Education and didactic applications, National and Kapodistrian University of Athens did a workshop on *Anthropology and education: the notion of 'cultural therapy' and the empowering potential of culturally responsive pedagogy in multicultural settings*

The training of the staff came to the end, the Dean of the School of Education, Dr Thomas Babalis distributed their certificates and a group photo was taken to capture the happiness and the satisfaction of the staff after taking part in the one-week training in Athens.



Prof. Thomas Babalis,
HEALING Project Coordinator at NKUA
Dean of School of Education
NKUA, Greece