

Event Name	The National Workshop in Tunisia – University of Sousse
WP Number	WP2: Curriculum Development
WP Leader	UNIBS
Event date	May 20th ,2023
Number of Participants	35
Total number of pages	7

*Project Coordinator Prof Ahmed Al-Salaymeh,
The University of Jordan (UJ) Queen Rania Street I Amman 11942, Jordan
Tel: +962-6-53 55 000 Ext. 22816 | Fax: +962-6-53 00 237
Email: Art.therapy@ju.edu.jo
Project website: <https://sites.ju.edu.jo/en/healing/Home.aspx>*

1. Event Background

Lead University: Universidad Católica Portuguesa - UCP

Co-Lead University: Hashemite University & University of Sfax

Date: May 20, 2023

An inspiring day of music therapy was held on May 20th, organized by the University of Sousse in collaboration with the University of Sfax and the University of Gabes. This workshop brought together experts, researchers, and enthusiasts to exchange knowledge and experience in a multidisciplinary environment.

"Immerse yourself in the world of music therapy as we explore its powerful impact on health and wellbeing."

2. Description

A symphony of healing and exploration resonated on May 20th, 2023, as the University of Sousse orchestrated an enchanting day of Music Therapy, in collaboration with the University of Sfax and the University of Gabes. This harmonious workshop harmonized the expertise of these esteemed institutions, inviting experts, researchers, and enthusiasts to converge and immerse themselves in the world of Music Therapy.

Set against the backdrop of the culturally rich and vibrant city of Sousse, this event cast a spotlight on the remarkable potential of music as a therapeutic medium. Participants were drawn from diverse fields and disciplines, creating a multidisciplinary tapestry of shared experiences and insights. The resonating theme, "Immerse Yourself in the World of Music Therapy," encapsulated the essence of the day, promising a deep exploration of how music can profoundly impact health and well-being.

Throughout the workshop, attendees were treated to a series of captivating discussions, presentations, and interactive sessions, each revealing a unique facet of music therapy's transformative potential. From the neurological effects of music on the brain to its application in various therapeutic contexts, the workshop unveiled a tapestry of evidence and stories showcasing the profound influence of music on emotional, cognitive, and physical well-being.

The collaboration between Universidade Católica Portuguesa UCP, Hashemite University, University of Sfax, and University of Gabes underlined a commitment to holistic well-being and a shared belief in the power of interdisciplinary dialogue. The workshop served as a melting pot of ideas, fostering connections among attendees that transcended institutional and geographical boundaries.

As the symposium concluded, the echoes of shared melodies and insights reverberated, leaving participants inspired and equipped with newfound knowledge to integrate music therapy into their respective practices. The event's ripple effect promised to extend beyond its boundaries, enriching lives and contributing to the advancement of well-being through the universal language of music.

The inspiring day of music therapy provided a harmonious space for participants to deepen their understanding, forge connections, and embrace the therapeutic potential of music. It served as a resounding testament to the transformative power of collaboration and the universality of music as a healing force, leaving an indelible mark on all who had the privilege of being part of this resonant journey.

3. Agenda



In the frame of Erasmus plus Programme - Developing a Multidisciplinary Diploma on Art Therapy in Health Education Project (HEALING)
We are inviting you to participate in

The National Music Therapy Workshop

organized by the University of Sousse
With the support of U. of Sfax and U. of Gabes
Saturday May 20, 2023 at 9:30 a. m.
in the performance hall of the Higher Institute of Music in Sousse

Event link:

****A certificate of participation will be issued**

Project number: 610134-EPP-1-2019-1-JO-EPPKA2-CBHE-JP

4. Photos





